

CEQ•ALL Self Assessment Guide

	“Playing School”	“Engaging the model”	“Tasting Initiative & Joy”	“Self-initiated lifelong learning”
Choice	Little energy went into choosing what to do. It was more like a “roll of the dice” or “following orders” than making a choice.	Some thought went into choosing what to do, but more personal reflection might have suggested other good alternatives worth considering.	Energy was invested in considering options before choosing what to do. The choice excited interest and prior learning.	The choice of what to do naturally flowed from previous experiences and long-standing interests.
Effort	Little effort went into the activity. This was more a “going through the motions” or a “get through it” experience.	Some effort was put into the activity, but it might have been inconsistent and occasionally lacking focus or care.	Effort was definitely put into the task. Time, attention and reasonable care describe the activity.	The effort invested in the activity shows full engagement in trying to master new learning. Focused attention and ongoing care defined the endeavour.
Quality	“Quick and dirty” is probably a better description than “quality.” The task probably isn’t even completed.	The quality of the work may be below what could be expected, although aspects do show mastery of new learning.	The level of quality demonstrates achievement at or above expectations for someone at this level of learning.	The quality of the work goes beyond what would normally be expected. Attention to detail, creativity and personal interpretations are evident.
Attitude	Carelessness, apathy, low confidence, compliance or negativity might describe the attitude.	Willingness, cooperation, emerging confidence or only occasional inconsistency might characterise the attitude.	Optimism, engagement, confidence and consistency are regular attitudes.	Positive self-confidence and appreciation for others who have contributed are evident. “Flow” might have been occasionally experienced.
Labor of Love	Labor? Love?	There may have been moments when learning was an engaging experience.	The positive experience suggests similar endeavours might be enthusiastically pursued in the future.	Such engaged and self-initiated learning describes someone who sees the activity as a joy to pursue and a rewarding pastime.